



Ski & Snowboard School Program



**School Groups
2017-2018**



Welcome to Boler Mountain!

Dear Principals and Teachers,

Thank you for choosing Boler Mountain, a Non-Profit Organization for your school trip. Boler Mountain has been offering principals and teachers a safe and enjoyable choice for a school trip for over 20 years. Our school group program is aimed to promote safety, physical activity, group participation and a positive appreciation towards outdoor winter activities.

We understand that organizing an out of school winter sport program is time consuming and stressful, but Boler Mountain is here to assist you. Our goal is to help you organize a trip that will be fun and a positive experience for all! We are pleased to provide the following package of information on our School Group Program. Included are parent consent forms and rental forms. Please contact our Snow School if we can help in any way.

Why Choose Boler Mountain?

- Large beginner ski and snowboard area with a Magic Carpet Lift
- Three quad chair lifts & 15 runs
- Urban snow centre, located in London, Ontario, close to Highway 401/402
- For every 8 students, teachers/volunteers receive a complimentary lift pass and rental
- Certified Ski Patrol
- Proven station-teaching technique
- Friendly certified Ski and Snowboard Instructors
- Students with special needs are encouraged and able to participate with the assistance from our Track 3 Instructors

Thank you for your continued support and patronage. We look forward to your visit to Boler Mountain!

Jessika.

Jessika Gunton
Programs Director, Boler Mountain
(519) 657-8822 x223
jessika@bolermountain.com

How to book at Boler Mountain

To start the booking process, please contact the Boler Mountain Snow School to request a date. At this time we will also need approximate number of students, if your school will be skiing and or snowboarding, if you are participating in the full-day, or half-day program, what time you will be arriving and departing and if you have a need for our Track 3 Program.

Boler Mountain Snow School

Jessika Gunton, Programs Director

Phone: 519-657-8822 x223

Email: jessika@bolermountain.com

Web: www.bolermountain.com/groups

We have included a **Booking Form** for us to efficiently organize your group. Please complete the Booking Form and Participant Confirmation and submit them by email, **one week prior** to your school visit. This will help us to effectively schedule instructors and prepare for the arrival of your group.

Please Note: The OSBIE Appendix 1b are to be completed and submitted to Boler Mountain on the day of your activity.

Resources

Boler Mountain has an informational video for schools to demonstrate how our program works. To view a copy, please contact Boler Mountain Snow School or view our website at www.bolermountain.com/groups.

School Visit

Boler Mountain would be pleased to visit with your school for an orientation session prior to your visit to our resort. A Boler Mountain team member will speak to the students about safety, proper clothing, and expectations while out on the hill and answer any questions the students may have. Please phone the Snow School for availability.

Rescheduling

We do not take a deposit; therefore there is no penalty for cancellation or rescheduling. Please give us as much notice as possible if you need to reschedule, as there may be other groups on a waiting list.

Questions, Concerns, Suggestions

All of our school group information and forms are available online at www.bolermountain.com/groups. Please feel free to contact our Snow School with any questions you may have. We are here to help!

What to Expect When You Arrive at Boler Mountain

CHECK-IN

When you arrive, please have all students **remain on the bus** while one teacher or volunteer reports your arrival to our Snow School Desk in the chalet. The remainder of the day will be organized by our staff. If the bus has to drop off students and leave, have students line up at the side of the chalet while a teacher or volunteer checks in.

Please note that arrivals between 8:30am and 9:30am will be served on a first come first served basis.

SAFETY TALK

A Boler Mountain staff member will greet your group outside at the side door of the chalet and accompany you to your meeting area inside the chalet. Students bringing their own equipment will be directed to leave it in the ski and snowboard racks outside the main doors. Safety, rules, testing procedures (Dot Tests), lift usage, weather conditions, helmets, personal belongings and the Winter Alpine Responsibility Code will be reviewed during our Safety Talk. Lift passes will be passed out during this time. We ask that even if students are a Season Pass Member at Boler Mountain, that they also wear a school lift pass to acknowledge that they are part of the School Program. This pass is at no extra charge to the student.

RENTAL SHOP

The Boler Mountain Rental Shop is fully equipped with current skis, snowboards, boots and bindings. We do our best to make the rental process as seamless and quick as possible. You can assist in this process by having teachers and volunteers helping students in the Rental Shop with their equipment and numbering tickets. By sending in your group's Participation Confirmation sheet in advance, our team will be ready when your school enters the Rental Shop. The information on the Participation Confirmation sheet must be accurate as this is how we calculate the release calibration for the ski bindings. Our staff is certified in sizing and fitting students, teachers and guests alike. We look forward to getting students ready for a day on the snow!

HELMETS

Safety is our main priority at Boler Mountain. In 2002, Boler Mountain was the first snow resort in Ontario to implement the use of helmets by all School Groups. OSBIE, effective 2009: All participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities. Our Rental Shop is fully equipped with helmets in many different sizes. The Helmet rental is included in the cost of the visit.

TEACHERS & VOLUNTEERS

We ask that the teachers and volunteers meet at the Snow School desk following the group's exit from the rental shop, between 11:00am and 12:30pm; the organizing teacher can review the invoice at the Snow School desk. Payment can be made at this time, with the option of paying by cash, credit card, debit or cheque (made payable to Boler Mountain). Invoicing is possible; please contact the Snow School prior to your visit.



How Much Will This Cost?

| *All prices include HST | Full Day 9:00am-3:00pm | Half Day 9:00am-12:30pm or 12:00pm-3:30pm |
|--|---------------------------|---|
| Ski Rental | \$12.00 | \$9.00 |
| Snowboard Rental | \$18.00 | \$15.00 |
| Lift Ticket | \$12.00 | \$9.00 |
| Dot Testing/Instruction (Including Helmet Rental) | \$11.00 | \$11.00 |
| High School Dot Testing/Instruction (Including Helmet Rental) | \$12.00 | \$12.00 |

**Dot Testing/Instruction is mandatory for all participants.
Helmets are mandatory and included in the cost of the lesson.**

Please Note: The prices above are for School Group Programs only. For every 8 students, 1 adult Teacher/Volunteer receives a complimentary lift pass and rental.

Boler Mountain generously supplements the School Group Program by offering this package at less than a 50% cost reduction. This is the reason the school program is about one half the price that the general public would pay.

Boler Mountain has **financial assistance** available for students otherwise not able to participate in the program. Please contact the Snow School for further information.

Dot Testing & Skill Clinic

At Boler Mountain, we use a station progression method of teaching. The objective of the stations is to allow students to progress at their own pace. Students that progress at a slower rate will remain at the appropriate level and those that exceed will advance to the next level. Numbered signs are set up throughout the resort and as the students achieve the required skills, they move on to the next station. A dot test is available on the Blue Terrain that allows them, if they are successful to ski all Easiest (Green) and Intermediate (Blue) runs. A second dot test is available on the Expert (Black) Terrain that allows them, if they are successful to ski all runs at the resort, excluding the terrain park. If the student numbers are small on a given day, we will use a group teaching method.

Ski Station & Dot Testing

1. Mobility and Balance
2. Stopping
3. Introduction to Magic Carpet Lift on Willies Bowl (Beginner Terrain)
4. Direction Change/ Linked controlled turns on Beginner Terrain
5. Introduction to Main Chair Lift
6. Linked controlled turns on Easy Street (Easier Terrain, Green)
7. Dot Test #1 evaluation on Rub-A-Dub (Intermediate Terrain, Blue)
8. Dot Test #2 evaluation on more challenging terrain (Expert Terrain, Black)
9. Dot Test #3 evaluation on more challenging terrain (West Hill)



Snowboarding Station & Dot Testing

1. Introduction to equipment & Basic Mobility on Willies Bowl (Beginner Terrain)
2. Introduction to Magic Carpet Lift on Beginner Terrain
3. Heal & Toe side slipping, Traverse
4. Direction Change
5. Linked controlled turns
6. Introduction to Main Chair Lift
7. Linked controlled turns on Easy Street (Easiest Terrain, Green)
8. Dot Test #1 evaluation on Rub-A-Dub (Intermediate Terrain, Blue)
9. Dot Test #2 evaluation on more challenging terrain (Expert Terrain, Black)
10. Dot Test #3 evaluation on more challenging terrain (West Hill)

Intermediate & Advanced Assessment/Skill Improvement Clinic

The students who quickly attain the first 2 dots during the initial dot testing and are assessed as Intermediate or Advanced Skiers/Snowboarders can advance to the West Hill if they participate in a Skill Improvement Clinic offered at 3 different times throughout the day. These students will be informed of the Skill Clinic times at the Safety Talk and at the Dot Tests.

What Should Students and Parents Know About Boler Mountain?

CERTIFICATIONS

All Dot Testing and instruction is performed by our certified instructors. All of our ski instructors are certified with the Canadian Ski Instructors Alliance (CSIA) and our snowboard instructors are certified with the Canadian Association of Snowboard Instructors (CASI). We have Snow Patrol on site at all times. They are certified with the Canadian Ski Patrol System (CSPS).

CLOTHING

Please ensure that students are dressed appropriately for the weather. A positive experience starts with staying dry and warm. Bring a warm jacket, waterproof gloves or mittens and any type of waterproof pants. Avoid wearing jeans as they get wet easily and will make you colder. Remember that layering clothing is a great way to stay warm. If you get too hot, you can always take off a layer. A hat or toque is great for the ride to and from the resort, but you won't need it out on the hill. All of our helmets are insulated for the weather. One pair of socks is better than two, because multiple pairs of socks will cause blisters and make you uncomfortable and your feet colder. We suggest that students bring an extra change of clothing because we can't predict the weather. Having something dry and comfortable to wear on the ride home is always good after being outside all day.

CAFETERIA

You are welcome to bring your own lunch from home or you may purchase lunch or a snack in our cafeteria. We have a variety of food items such as pizza, wraps, hamburgers, hotdogs and French fries available at a reasonable cost.

PERSONAL BELONGINGS

Students will be leaving their belongings in the cafeteria or cubbies in our lunch room. We suggest that you leave valuable items at home the day of your trip. Rental lockers are located on the main floor and cost 50¢ per use. Ski Key Locks are recommended for students bringing their own equipment.

Boler Mountain is not responsible for the loss of any personal items.

SEASON PASS MEMBERS

If a student is a Season Pass Holder they will still be issued a complimentary day ticket for their visit to help identify them as a School Group Guest.

HELMETS

Helmets are **MANDATORY** for **all** participants in the School Group Program (students, teachers & volunteers). Helmet rental is included in the cost, so even if you are bringing your own equipment and you don't have a helmet, one will be provided for you. Our Rental Shop Team will fit each student with a helmet that is the correct size for them. For more information on helmets, please visit LIDSonKIDS.org.

APPENDIX 1b: SPECIAL WINTER EXCURSION FORM / PARENTAL CONSENT

Participant Name: _____

School Name: _____

Date of Visit: _____

Select Activity: Skiing Snowboarding

Ability: Non Beginner Intermediate Advanced

| | |
|-------------------------------------|---|
| Non Skier or Non Snowboarder | First time skiing/snowboarding. Individual has never skied or snowboarded before. |
| Beginner | The student has skied or snowboarded once or twice or a few times per year and has experienced and maintained control on a number of novice hills of varying difficulty. He/she is able to stop and turn both directions with some success. They are comfortable on green/beginner and some blue/intermediate slopes. May need assistance with getting on or off the lifts. |
| Intermediate | The student has skied or snowboarded on many occasions and has experienced a variety of hills and different ski areas. He/she can turn and stop under control using recognized formal techniques. They can ski/board with confidence on blue slopes and possibly some black/advanced slopes. |
| Advanced | The student is an experienced and competent skier or snowboarder. He/she has received formal instruction, knows and understands the Alpine Responsibility Code and can demonstrate ability at an advanced level. Such students can be called upon to assist supervisors. |

IF RENTING EQUIPMENT, PLEASE COMPLETE

| | | | |
|----------------------|----------------------|------------------|----------------------|
| DATE OF BIRTH | <input type="text"/> | HEIGHT | <input type="text"/> |
| WEIGHT | <input type="text"/> | SHOE SIZE | <input type="text"/> |

| |
|--|
| Rental Helmet Required |
| Yes <input type="checkbox"/> No <input type="checkbox"/> |

RENTAL EQUIPMENT

Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety in all cases. Parents must accept responsibility for equipment that is lost or damaged (other than reasonable wear and tear).

ALPINE RESPONSIBILITY CODE

The Ontario Snow Resorts Association has produced an Alpine Responsibility Code which **BOLER MOUNTAIN** and the named School Board _____ requires that you know and obey. Skiers/snowboarders must always ski/snowboard in control and be able to stop and change direction to avoid collisions with people and objects. Boler Mountain may revoke a lift ticket for violation of the code or other unacceptable conduct.

All participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities. OSBIE recommends that schools adopt a mandatory snow sport helmet policy regardless of ski facility locations.

ACKNOWLEDGEMENT / INFORMED CONSENT

This signed form is required for all students who wish to participate in this outdoor recreation and snow sport education program. It should be understood that the purpose of this excursion is educational. Lessons are mandatory.

INHERENT RISK

Skiing/snowboarding/other is a sport with physical demands and inherent risks which are beyond the control of _____ (school board) and **BOLER MOUNTAIN**.

The inherent risks include, but are not limited to: falling; use of lifts; collision with natural or man-made objects or other persons; changing weather conditions; changes or variation in the terrain or surface; exposed rocks, earth or ice; travel beyond the trail boundaries. Incidents may occur which result in serious injury or death. Participants **must assume** the inherent risks of the sport. It is strongly recommended by the Ontario Snow Resorts Association that you visit their website: www.skiontario.ca to review the complete OSBIE document and safety information on this site prior to your school visit. Following all rules and procedures can reduce the risk of injury. Failure to follow the rules will result in the student losing their lift ticket and future resort privileges.

We have read and understood the above information, and agree to the regulations as outlined by the Ontario Snow Resort member Ski Area. I give my son/daughter permission to participate in the above noted activity at Boler Mountain.

| | | |
|------------------------|-----------|-------|
| _____ | _____ | _____ |
| Parent / Guardian Name | Signature | Date |

Booking Form: School Group Confirmation

This Booking Form will help us to effectively schedule instructors and prepare for the arrival of your group. Please submit this Booking Form by email, **one week prior** to your school visit. It can be emailed to jessika@bolermountain.com.

Email: jessika@bolermountain.com

| | |
|-------------------------|-----------------------|
| Date of Trip: | |
| School Name: | |
| Organizer's Name: | |
| School Board: | |
| School Phone Number: | Email Address: |
| School Address: | |
| City: | Postal Code: |
| On-Site Contact Person: | On-Site Cell Phone #: |



Do you have any students that would require the assistance of our Track 3 instructors? If **YES**, please contact our Snow School. Phone: 519-657-8822 x224

Email: jessika@bolermountain.com

| Trip Details | |
|--|--|
| Time of Arrival: | |
| Time of Departure: | |
| Total # of Students: | |
| # of Students Skiing: | |
| # of Students Snowboarding: | |
| # of Students Renting Ski Equipment: | |
| # of Students Renting Snowboard Equipment: | |
| # of Teachers/Volunteers: (# Renting Equipment) | |

School Name:

Teacher:

Page #:

of

Date of Trip:

| NAME | AGE | SKIING (S) or BOARDING (B) | RENTING (Y or N) | HEIGHT (Ft or cm) | WEIGHT (Lbs.) | SHOE SIZE (M/W) | ABILITY | For Office Use Only | | |
|------|-----|----------------------------|------------------|-------------------|---------------|-----------------|---------|---------------------|--|--|
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PARTICIPANT CONFIRMATION

SCHOOL GROUPS
EMAIL: jessika@bolermountain.com